

COMMUNITY HEALTH COALITION



Improving the Health of Durham & NC Communities since 1989

JULY 2024

HIV AWARENESS

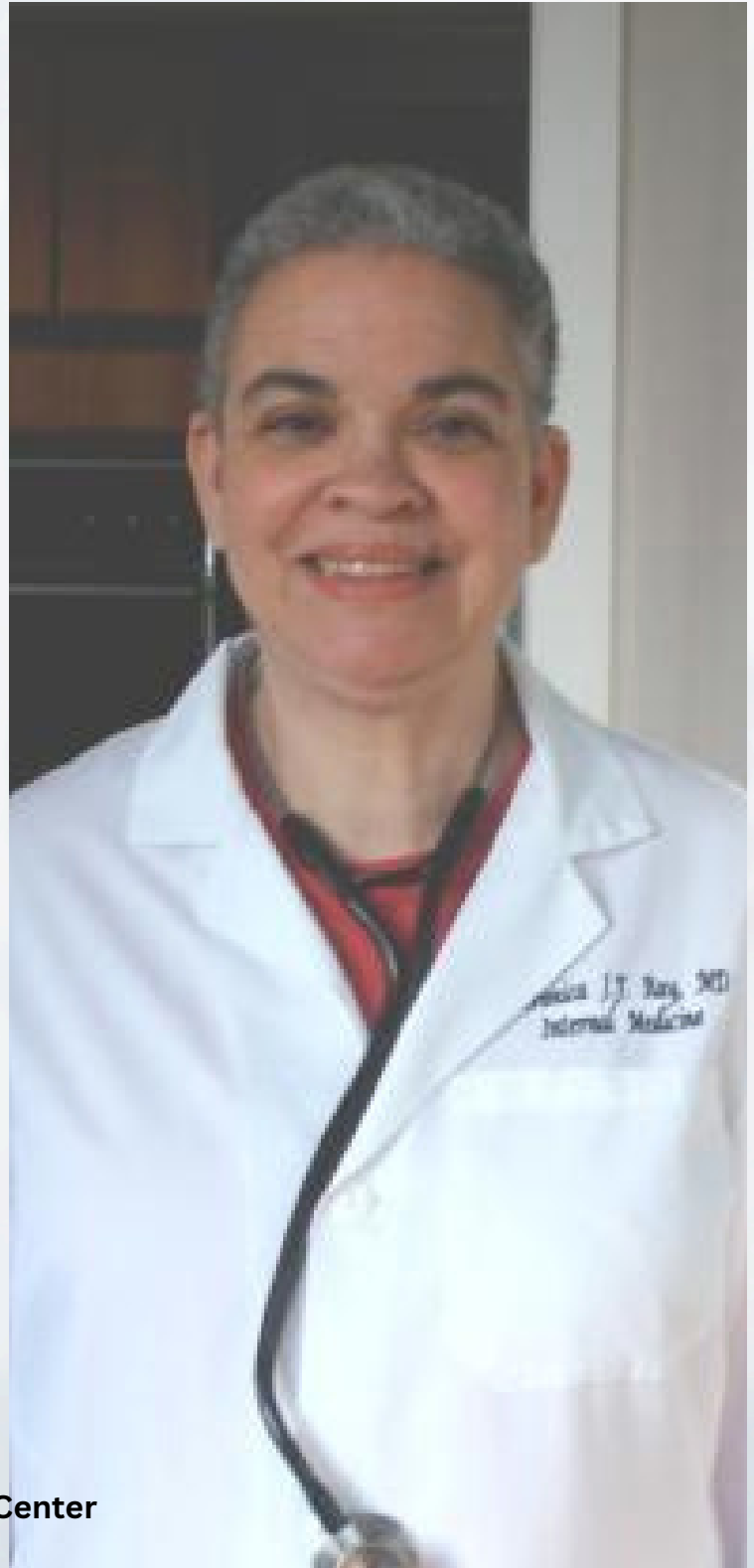
In 2022, African-Americans accounted for 37% of estimated new HIV infections even though they made up 12% of the population. There were 37,981 persons who were newly diagnosed with HIV in the US.

The primary modes of HIV transmission in the African-American community are sexual contact and injection drug use.

According to the plan outlined by the Centers for Disease Control and Prevention (CDC) and the US government to **end the HIV epidemic** (EHE), the GOAL is to :

- INCREASE the percentage of people with diagnosed HIV who are VIRALLY SUPPRESSED = (undetectable) to at least 95% by 2025 and remain at 95% by 2030.

In 2022, for every 100 black Americans living with HIV, 63 received some HIV care, 48 were retained in care, and 51 were virally suppressed =undetectable.



Dr. Veronica Ray, MD
Lincoln Community Health Center

Current CDC guidelines recommend ALL SEXUALLY ACTIVE persons DISCUSS pre-exposure, prophylaxis.(PrEP) with their primary medical provider. This is a prevention strategy, where individuals at high risk of HIV infection take anti-retroviral medications (ART)regularly to reduce their chances of acquiring the virus . A relatively new treatment to prevent HIV is an injection of medication every two months, instead of daily medication, for certain populations.

HIV PREVENTION

While no cure for HIV yet exists, research continues to explore new strategies for curing and for preventing the virus, including the development of an HIV vaccine.

The ABC's of HIV infection and prevention :

A-All sexually active persons should be tested at least once for HIV, and more often, depending on their risks. All patients with HIV infection should be on medication to suppress their viral load, to prevent spreading the virus.

B-Be PrEPared

Patients should talk to their healthcare provider about their risk for HIV exposure and use PrEP if indicated.

C-Condom use is an important strategy for the prevention of sexually transmitted infections, including HIV.

FOR MORE INFORMATION

www.cdc.gov/HIV

www.Healthequitytracker.org

<https://minorityhealth.hhs.gov>

<https://apa.org>

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